

We all have a Luminous Energy Field (LEF) that surrounds our physical body. It influences how we live, heal and age because it holds the information that informs our physical body. What is held in the LEF manifests outwardly as the illnesses or patterns play out in the physical body. Change the LEF, change your life as it manifests. Being a blueprint, this LEF can have imprints within it from past lives and this incarnation. These imprints are wounds. They can be physical, emotional or psychological. They are registered in your LEF and played out through the chakra system manifesting in physical reality. The Illumination process works to clear these imprints on the energetic level so they do not need to play out on the physical level. To accomplish this, the Illumination: clears sludge from the affected chakra, breaks up and combusts the dense energy in the LEF which forms the imprint, and overwrites the imprint with Sacred luminous energy so the body does not continue to re-manifest a faulty blueprint. Once the clearing is complete, we work together to create a new mythic map to reinforce the healing at the Soul level of your being. This is important so you do not recall the imprint to your LEF.

What you can expect during a session:

Sacred space will be created and held for the duration of the Illumination

We will have a short discussion about what you would like to accomplish during the session

You will choose a healing stone

You will lie down (fully clothed of course)

The associated chakra will be cleansed

Once cleansed, luminous energy will be used to fill the chakra

The chakra will be rebalanced

We will then connect your heartbeat with the heartbeat of Mother Earth

We will end by discussing how to bring this new way of being into your everyday life